1. Consult your major advisor to create an overall plan for completing the requirements for your degree(s).
2. Decide in which terms you’ll complete each stage of the Thesis Success in Stages (TheSIS) process. Consider other activities you will be engaged in when planning the timing of your thesis steps.
3. After you’ve considered the timing of your thesis steps, should you find you need additional guidance, please consult with your HC academic advisor.
4. Enter your plan at honors.oregonstate.edu/START. Follow the instructions in Task 2.
5. We understand plans change, but if your thesis plans change you MUST inform the HC by submitting a new map online. A link to update your map can be found on every TheSIS Stage website, or you can visit honors.oregonstate.edu/thesis-map-update.

---

**Stage One:** START

What is the value? What does the requirement entail? When do I need to do what?

- Attend a START workshop
- Submit your Thesis Map online

Complete by:
Term: ________ Year: ________
within the first 3 HC terms
honors.oregonstate.edu/START

**Stage Two:** LEARN

What am I truly curious about? What does research look like? What qualities should I seek in a mentor? How do I find a mentor? What is the best project for me considering my career and life goals? What projects have other students successfully done?

- Enroll in HC 408: LEARN*
- Complete the LEARN course material online independently:
  - Review an HC thesis
  - Attend an HC student/faculty mixer
  - Interview potential thesis mentors
  - Complete Institutional Review Board (IRB) online ethics training

Complete by:
Term: ________ Year: ________
within the first 6 HC terms
honors.oregonstate.edu/LEARN

**Stage Three:** UNDERTAKE

How do I define my question? How do I make sure I finish my project in time for graduation?

- Enroll in HC 408: UNDERTAKE*
- Complete the UNDERTAKE course material online independently:
  - Submit your approved Thesis Proposal, Agreement, and Project Timeline

Complete by:
Term: ________ Year: ________
at least 4 HC terms prior to graduation
honors.oregonstate.edu/UNDERTAKE

**Stage Four:** GRADUATE

What are the steps in writing my thesis? How do I complete the thesis process?

- Enroll in HC 408: GRADUATE*
- Complete the GRADUATE course material online independently:
  - Select your thesis committee
  - Draft your thesis
  - Revise your thesis with the help of your mentor
  - Defend your thesis
  - Complete final revisions
  - Print and bind your thesis
  - Complete your thesis poster
  - Submit your thesis
  - CELEBRATE!!!

Complete by:
Term: ________ Year: ________
your graduation term
honors.oregonstate.edu/GRADUATE

---

*See reverse side for HC 408 course descriptions
The HC Thesis course curriculum is strongly recommended and can greatly assist you in completing your thesis. Students who take HC 408 Thesis: LEARN, UNDERTAKE, and/or GRADUATE will have the guidance of course instructors to complete the required tasks. Any or all of the three HC 408 Thesis courses will count towards fulfilling your HC thesis curriculum requirements. If you elect not to take these credit-bearing courses, you will rely on the information found in the TheSIS Guide, your mentor, and your HC academic advisor to complete the required tasks.

### HC 408 Thesis: LEARN
This course will guide you through the second stage of the Thesis Success in Stages (TheSIS) process, LEARN. In Thesis: LEARN you will lay the groundwork for a successful thesis experience. You will focus on the value of the thesis, what it takes to successfully complete a thesis (e.g. identify a mentor, identify a topic, level of effort required, etc.), and you’ll hear from students and faculty with experience in the thesis process. Thesis: LEARN will assist you in completing four tasks: 1) analyzing a completed thesis 2) meeting with faculty to learn about research opportunities 3) interviewing faculty as potential mentors and 4) completing online research ethics training. This class meets three times throughout the term and is offered in Fall, Winter, and Spring term.

**Prerequisite:** TheSIS stage START  
**Graded:** P/N  
**Credits:** 1 - Thesis/Research/Project

### HC 408 Thesis: UNDERTAKE
This course will guide you through the third stage of the Thesis Success in Stages (TheSIS) process, UNDERTAKE. During Thesis: UNDERTAKE you will select a thesis mentor, create a thesis statement, write a thesis proposal, and begin to develop a research plan. The course will require you to turn in a completed Thesis Proposal, Agreement & Timeline, signed by a thesis mentor, by the end of the term. This course meets twice throughout the term and is offered in Fall, Winter, and Spring term.

**Prerequisites:** TheSIS stages START & LEARN  
**Graded:** P/N  
**Credits:** 1 - Thesis/Research/Project

### HC 408 Thesis: GRADUATE
This course will guide you through the final stage of the Thesis Success in Stages (TheSIS) process, GRADUATE. In Thesis: GRADUATE you will focus on drafting and revising the thesis, designing a successful poster, and preparing for the thesis defense. This course meets just three times throughout the term and is offered in Fall, Winter, and Spring term.

**Prerequisites:** TheSIS stages START, LEARN, & UNDERTAKE  
**Graded:** P/N  
**Credits:** 1 - Thesis/Research/Project