1. Consult your major advisor to create an overall plan for completing the requirements for your degree(s).
2. Decide in which term you’ll complete each stage of the Thesis Success in Stages (TheSIS) process. Consider other activities you will be engaged in when planning the timing of your thesis steps.
3. After you’ve considered the timing of your thesis steps, should you find you need additional guidance, please consult with your HC academic advisor.
4. Enter your plan at honors.oregonstate.edu/stage1. Follow the instructions in Task 2.
5. Plans change, and we understand! But, if your thesis plans change, you must inform us by submitting a new map online. A link to update your map can be found on every TheSIS Stage website, or you can visit honors.oregonstate.edu/thesis-map-update.

*See reverse side for HC 408 course descriptions*
The HC Thesis course curriculum is strongly recommended and can greatly assist you in completing your thesis. Students who take HC 408 Thesis: Stage 2, Stage 3, and/or Stage 4 will have the guidance of course instructors to complete the required tasks. Any or all of the three HC 408 Thesis courses will count towards fulfilling your HC thesis curriculum requirements. If you elect not to take these credit-bearing courses, you will rely on the information found in the TheSIS Guide, your mentor, and your HC academic advisor to complete the required tasks.

### HC 408 Thesis: Stage 2 – Explore & Build

This course will guide you through the second stage of the Thesis Success in Stages (TheSIS) process, Stage 2. In Thesis: Stage 2 you will lay the groundwork for a successful thesis experience. You will focus on the value of the thesis, what it takes to successfully complete a thesis (e.g., identify a mentor, identify a topic, level of effort required, etc.), and you'll hear from students and faculty with experience in the thesis process. Thesis: Stage 2 will assist you in completing four tasks: 1) analyzing a completed thesis 2) meeting with faculty to learn about research opportunities 3) interviewing faculty as potential mentors and 4) completing online research ethics training. This class meets three times throughout the term and is offered in Fall, Winter, and Spring term.

**Prerequisite:** TheSIS Stage 1: Plan  
**Graded:** P/N  
**Credits:** 1 - Thesis/Research/Project

### HC 408 Thesis: Stage 3 – Commit

This course will guide you through the third stage of the Thesis Success in Stages (TheSIS) process, Stage 3. During Thesis: Stage 3 you will select a thesis mentor, create a thesis statement, write a thesis proposal, and begin to develop a research plan. The course will require you to turn in a completed Thesis Proposal, Agreement & Timeline, signed by a thesis mentor, by the end of the term. This course meets twice throughout the term and is offered in Fall, Winter, and Spring term.

**Prerequisites:** TheSIS Stage 1: Plan & Stage 2: Explore & Build  
**Graded:** P/N  
**Credits:** 1 - Thesis/Research/Project

### HC 408 Thesis: Stage 4 – Compose & Complete

This course will guide you through the final stage of the Thesis Success in Stages (TheSIS) process, Stage 4. In Thesis: Stage 4 you will focus on drafting and revising the thesis, designing a successful poster, and preparing for the thesis defense. This course meets just three times throughout the term and is offered in Fall, Winter, and Spring term.

**Prerequisites:** TheSIS Stage 1: Plan, Stage 2: Explore & Build, and Stage 3: Commit  
**Graded:** P/N  
**Credits:** 1 - Thesis/Research/Project