Our Vision – Student Affairs

OUR SHARED VISION
The collective work of the Division of Student Affairs is a catalyst for a meaningful OSU journey, where the blending of academic and co-curricular experiences fuels holistic growth for our students. We take bold steps to boost academic success, career readiness, and well-being, nurturing an environment where every student thrives personally and socially and develops a sense of belonging.

VISION STATEMENT
Every student graduates and ventures into the world prepared and empowered to be a change maker and problem solver in service to the global community.
Where Every Student Thrives

Thriving in College: An Expanded Vision for Student Success

Laurie A. Schreiner, Ph.D.
Professor, Department of Higher Education
Azusa Pacific University

https://www.thrivingincollege.org/
Where Every Student Thrives

Thriving

Fully engaged, energized, and making the most of the college experience.

☑ Engaged in the learning experience
☑ Finding meaning and purpose in their major
☑ Learning to apply their strengths to the challenges they face
☑ Selectively involved in campus activities
☑ Connected to others—including faculty—in healthy ways
☑ Optimistic about what lies ahead
☑ Making a difference
Areas of Distinction
OSU Division of Student Affairs

**Career Advancement**
Student Affairs will be distinctive for how *every student can articulate a pathway toward their desired career or academic outcomes* in an environment that supports exploration, growth, and change. This pathway is scaffolded through continued academic progress, persistence, and co-curricular experiences.

**Student Health & Wellbeing**
Student Affairs will be distinctive for creating an infrastructure (barrier-free, preventative, and responsive) that *supports all students’ physical, mental and emotional well-being* so that they can be successful in their academic and professional pursuits/goals.

**Community and Belonging**
Student Affairs will be distinctive for our targeted approach to *creating, strengthening, and sustaining thriving communities* that acknowledge how each individual is differentially situated, thereby facilitating every community members' sense of belonging.
Where Every Student Thrives

Pathways to Thriving

Major Certainty
Campus Involvement
Sense of Community
Student-Faculty Interaction
Spirituality
Institutional Integrity

Thriving in College:
Laurie A. Schreiner, Ph.D.
https://www.thrivingincollege.org/
Where Every Student Thrives

Pathways to Thriving

Major Certainty
Campus Involvement
Sense of Community
Pathway to Thriving – Major Certainty
Finding meaning and purpose in their major

- Explore Majors Programs, and Career Paths
- Create Résumés, CVs and Cover Letters
- Find a Job, Network, and Interview
- Attend a Career Fair
- Prepare for Grad School
- Learn About Graduate Student Resources
- Navigate Your Identity and Culture
- Career Guide and Resource Library

Students | Career Development Center | Oregon State University
Pathway to Thriving – Campus Involvement

Quality over Quantity!
Pathway to Thriving – Campus Involvement

- Clubs & Organizations
- Diversity & Cultural Engagement
- Cultural Resource Centers
- Craft Center
- Recreational Sports – Dixon
- Residence Hall Activities
- Student Leadership/Government
- Peer Mentoring
- Undergraduate Research
- Student Employment
- Greek Life

Find your thing – and go deep
Pathway to Thriving – Sense of Community

Psychological sense of community is the strongest contributor to thriving for all students.
Pathway to Thriving – Sense of Community

Students with higher senses of belonging...

- More motivated
- More confident
- Able to learn
- Get better grades
- More likely to graduate
Pathway to Thriving – Sense of Community

Struggle of any kind can be internalized by students as evidence that they do not belong.

(Walton & Cohen, 2007)
Health and Wellbeing

- Short-term individual therapy (in-person & remote)
- Embedded counselors in cultural centers
- Single session clinic
- Group therapy
- Nutrition Services
- Wellness Coaching
- Craft Center
- Identity-Based Mental Health Support
- Psychoeducational materials
- Drop-in crisis support M-F 9am-4pm
- After-hours crisis line (24/7/365)
- Substance abuse counseling
- Anytime Anywhere app

Through the Anytime Anywhere program, students now have access to free and confidential mental health and wellness counseling at any time of day, from anywhere in the world, 365 days a year.